

**MAHIMA NAYAR**

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**Professional Summary**

- I am a scholar with over fifteen years experience in practice, research and academics with
- a background and understanding of inter-disciplinary approaches, specifically in the context of women, child and disability rights
  - research areas focusing on mental health, disability and women
  - several national and international publications

**Employment Record**

May 2015 – September 2016	Assistant Professor, Centre for Equity and Justice for Children and Families, School of Social Work, Tata Institute of Social Sciences, Mumbai
December 2013- May 2015	Assistant Professor, Centre for Equity for Women, Children and Families, School of Social Work, Tata Institute of Social Sciences, Mumbai.
August 2012 to November 2013	Assistant Professor in Centre for Disability Studies and Action, School of Social Work, Tata Institute of Social Sciences TISS
December 2006 - July 2008	Senior Program Executive, Swanchetan Society for Mental Health, Delhi
July 2003 - April 2004	Counselor & Field Officer, Stop Trafficking & Oppression Of Children & Women, Delhi

**Consultancies/Part Time**

Tata Institute of Social Sciences (January-April, 2019)	Senior Research Consultant National Research Study on Human Trafficking in India
Tata Institute of Social Sciences (2016-2018)	Faculty-International Perspectives on Family Policy (International online program) Guest Lectures on Gender and Sexuality, Qualitative Research
Centre for Women Development Studies, Delhi (2017)	Preparation of a Concept Note and Project Proposal (including literature review) for a Project on 'Disability and Sexuality: Intersectional Analysis in India' Publication of Occasional Paper by CWDS .
Tata Institute of Social Sciences (2016-17)	Development of e-learning material for E-Pathshala (UGC) for Social Work and Criminology
Action for Mental Illness, Delhi December 2008- December 2010	Mental Health Consultant Facilitation of an advocacy and support group for family members of persons with Mental Illness. Helped in registering of the self-group as an independent organization

**Education**

<b>Degree</b>	<b>Institute</b>	<b>Year of Graduation</b>	<b>Percentage Obtained</b>
Ph.D. Social Sciences	Jawaharlal Nehru University , New Delhi	2013	-
National Eligibility Test (NET)	UGC	2008	70.3
M.Phil. Psychiatric Social Work	National Institute of Mental Health and Neurosciences, Bangalore	2006	72.2
Masters in Social Work	Tata Institute of Social Sciences, Mumbai	2003	65.0
B.A. Psychology	Lady Shriram College New Delhi	2001	69.5
HSC	N.C Jindal Public School, New Delhi	1998	86.4
SSC	N.C Jindal Public School, New Delhi	1996	87.4

**Major Publications**

<i>Book</i>	
2018	Against All Odds: Psychosocial Distress and Healing among Women, Sage Yoda Press
<i>Journals</i>	
2015	Legitimising distress through biomedicine: Voices of Women living in a low-income neighbourhood in Delhi, In Sociological Bulletin, 64 (3): 341-355, ISSN no. 0038-0229.
2015	Isliye Dard Hota Hai: Women's Mental Health Issues in poor households in India', In Psychology and Developing Societies, 27 (1): 104-124.
2014	2014'Crime and Mothering in a Resettlement Colony' in Social Action (ISSN-0037-7627), July- September 2014, Vol 64 (3):254-267.
2012	'Power of the field: Reflections on Field Work Improvisations', in Urbanities, 2(1).
2012	'Living with violence: Narrative of wives living with persons with alcohol dependence' in Indian Journal of Social Work, 73(1). (with D. Muralidhar, M.N Vranda and B.N Gangadhar).
2012	Rites of Passage: Methodological Improvisations in the field', in The Eastern Anthropologist, 65 (2):157-170.
2012	'Disability, Education and Distress', in Women's Link 18(2), 15-19. (ISSN 22296409)
2009	In the Shadow of Alcohol- Women's experiences from Bangalore in Indian

	Anthropologist , Volume 39, Number 1 & 2.
<i>Book Chapters</i>	
2019	Unregistered Concerns: Violence Against Women with Disabilities in India, In Gender and Violence in Historical and Contemporary Perspectives (, Jyoti Atwal and Iris Flessenkamper (eds). Routledge: India. (with Nilika Mehrotra)
2016	Invisible People, Invisible Violence: Lives of Women with Intellectual and Psycho-social Disabilities, In India Social Development Report 2016: Disability Rights Perspectives Kalpana Kannabiran and Asha Hans (eds). Oxford University Press 2016 (with Nilika Mehrotra), 185-198.
2015	‘Women with Psychosocial Disabilities: Shifting the Lens from Medical to Social’, In <u>Disability, Gender and Trajectories of Power</u> , Sage Publications (with Prof. Nilika Mehrotra) (ISSN no- 9789351501237)
2013	Women and Psycho-social disabilities among the urban poor’, In <u>Disability, Gender and State Policy: Exploring Margins</u> , Rawat Publications (with Dr. Nilika Mehrotra). ( ISSN no- 9788131605875)
2010	‘Exploring Resilience of Women Living with Husbands Who are Alcohol Dependent’ In <u>Women and Mental Health</u> , National Institute of Mental Health And Neurosciences, Bangalore, School Of Social Work, Roshni Nilaya, Mangalore And Flinders University, Adelaide, K. Sekar et.al.(With D. Muralidhar and M. N Vranda).
<i>Edited Volume</i>	
2016	Guest Editor for a Special Issue on ‘Family Transitions and Emerging Forms’ for <u>Indian Journal of Social Work</u> , 77 (4): 359-510, ISSN0019-5634 (with B.Devi Prasad, Srilatha Juvva and Madhura Nagchoudhuri)
<i>Book Reviews</i>	
2016	Impaired Bodies, Gendered Lives: Everyday Lives of Disabled Women by Nandini Ghosh in <u>The Book Review</u> (8188434019)
2013	K. Kristiansen, S, Vehmas and T. Shakespeare (eds). 2009. Arguing about Disability: Philosophical Perspectives and Michael Oliver. 2009. Understanding Disability: From Theory to Practice (second edition) in <u>Indian Anthropologist</u> Vol 43(1), January- June 2013. (ISSN 09700927)
<i>Others</i>	
2017	Occasional Paper. Disability and Sexuality: Intersectional Analysis in India, Centre for Women’s Development Studies, New Delhi (with Renu Addlakha)

### **Paper Presentations**

2013	Alleviating Distress: Help seeking Behaviour of women in low income neighbourhood’, in National Conference on Praxis in Disability Studies, Pondicherry.
2012	Psychosocial Disabilities: Metaphors from an Urban Slum’, International Symposium on Sociology Matters: Challenges and Possibilities of social science knowledge in contemporary India, New Delhi.
2012	Belief Systems:Forgotten Component in Well-Being’ at the International Conference on Arts and aesthetics in the globalising world (ASA 12),New Delhi
2012	Globalization and biomedicine: ‘Managing’ Women’s Mental Health Issues’ at the International Symposium –Anthropology of Global Issues, New Delhi
2011	Exploring women’s mental health issues in poor urban households’ at The International Conference on Mega Urbanization and Human Rights: Emerging Challenges and Opportunities, Kolkata.
2010	Exploring resilience of women living with husbands who are alcohol dependent’,

	at International Conference on Women and Mental Health, Mangalore.
2007	Scientific Poster titled 'Boundary Issues with Family of Origin in Marital Therapy' at the International Conference on Psychology in Mental Health (with Shruti Kalra and Anisha Shah)

### **Awards and Fellowships**

- Junior and sSenior Research Fellow, UGC
- Best paper presentation in Ph.D. seminar in Centre for the Study of Social Systems, School of Social Sciences, Jawaharlal Nehru University, 2010
- Gold Medalist in M.Phil in Psychiatric Social Work, NIMHANS, 2006

### **Personal Details**

Date of Birth : 07 November 1980

Languages known: English and Hindi